

Application for Funding – Cover Page

Applicant Agency

Business Name	Dakota Boys and Girls Ranch	Street Address Including City, State, and ZIP Code	6301 19th Ave. NW Minot, ND 58703
Contact Person	Kaitlin Kinsella	Title	Director Of Residential Services
Phone	701-221-5305	Email	k.kinsella@dakotaranch.org
Authorized Representative	Sheila Miller	Title	VP of Finances, Facilities, and Technology
Phone	701-857-4245	Email	s.miller@dakotaranch.org
Federal Employer Tax Id #	45-0333670	Unique Entity Identifier #	N3H1YC6B6VJB
Dates of Active Registration in System for Award Management	3-12-2023 - 3-12-2024		

Total Amount of Funding Request \$223,653.00

Evidenced-Based Services (Y/N) Yes

Name and Source of Evidenced-Based Services Boys Town; On the Way Home program
Healthy Native Youth; BRAVE program

Geographic Area to be Served North Dakota - primarily within 50 miles of our
Bismarck, Minot, and Fargo residential
treatment locations. Requests outside of this
area will be assessed on an individual basis.
Special focus will also be placed on the Devils
Lake and Spirit Lake regions.

Estimated Number of Youth to be Served 20-30 kids/year

Estimated Number of Minority Youth to be Served 7-10 kids/year

Signature 
Signature of the Person Submitting this Form

Name Sheila Miller, VP of Finances,
Facilities, and Technology
Name of the Person Submitting this Form (print)

Date of Signature 9-15-2023

I. Application Cover Page

Please see attached.

II. Program Narrative

a. Description of the Project

The Prevention Care Program (PCP) is a comprehensive, 6-month prevention services program, designed for children ages 10-17 and their caregivers and families, with the goal of keeping children and adolescents in their home communities and out of residential treatment. Prevention services include care coordination, identifying resources, and expanding access to in-home and community-based services for youth and families through referral and/or direct delivery of services.

Through the PCP, we anticipate serving 20-30 children and their families each year, with each client receiving six months of services from a highly trained and qualified Youth and Family Engagement Specialist. We will primarily serve children and families in North Dakota within a 50-mile radius of each of our campuses in Fargo, Minot, and Bismarck. The Ranch has seen an increased number of minority kids who are under the care of a custodial agency being referred to and placed in our programs. Therefore, we also anticipate serving many families from the more rural, underserved areas of North Dakota, in communities like Devils Lake and Spirit Lake, where community services are not readily available.

PBS News Hour reports that last year 42 states had a severe shortage of child and adolescent psychiatrists, and nationwide, the number of residential treatment facilities for children has fallen 30 percent from 2012 to 2020. On top of limited services, parents who are out of options and cannot afford the high costs of care, are surrendering their children into state custody, which can result in an increase in residential treatment placement and a lack of permanency for kids. PBS News Hour also reports that many states are experiencing an increased number of children being housed in offices, hotels, and unlicensed facilities while figuring out placement options. Prevention programs like the PCP will give children and families greater access to the support and services they need in their own homes and communities.

Children served by the Ranch often suffer from generational and historical trauma, with many family members also struggling with mental illness, addiction, and poverty. The PCP will help children and families access services and/or bring supports and services into the home and community, specifically in rural and/or underserved areas of the state. Often, parents and guardians need significant support and guidance so they can meet their child's long-term needs.

Since January of this year, the Ranch has denied upwards of 150 applications for residential treatment (QRTP and PRTF) for a variety of reasons, including

low cognitive abilities, not receiving enough information to determine if placement is appropriate, high-risk behaviors and significant aggression, unstable medical conditions, and out-of-state referrals. Additionally, since June 2022, 99 of the families who reached out for care had not exhausted community-based resources, a requirement of residential placement. When children are denied placement in our residential treatment programs, our Admissions Team offers recommendations for their potential next steps; however, we don't have the resources needed to help families follow through or explore other options.

Many families don't know where to begin to connect to community, therapy, or medical services, and they don't know what options are available, especially when they're in crisis mode with their child or adolescent. Upon denial for placement at one of the Ranch's residential treatment programs, and/or through referrals from partnering agencies, eligible kids and families will be referred to the Prevention Care Program, which will connect them to community services, so they don't have to enter residential treatment to get the help they need.

b. Project Planning, Design, and Implementation

The Ranch anticipates needing three months to plan and implement the PCP. Preparations will include hiring and training a Youth and Family Engagement Specialist, creating a communications strategy to advertise the PCP to our community partners, developing the necessary documentation for services such as an individualized care plan, outcomes survey, screening tools, and performance data collection, as well as partnering with our key stakeholders to provide services to children and families.

The Ranch will partner with Dakota Family Services, an outpatient behavioral health clinic founded by the Ranch, to provide individual, group, and family therapy and psychiatric services including psychological testing and medication management. They will also provide opportunities for learning and training for families through community outreach, such as Community Chat webinars, that are free and open to the public. These webinars, hosted by the mental health professionals at Dakota Family Services, address and unpack subjects such as Autism in Children and Adolescents; Anxiety and Depression in Children and Adolescents; and ADHD in Children and Adolescents.

The Ranch will also partner with Dakota Memorial School, the Cognia-accredited on-campus school of Dakota Boys and Girls Ranch, to provide educational support, including access to the Day Student Program and the Stability Academy for Transitioning Students (SATS) online learning program. Dakota Memorial School is also working to become a GED testing site, which will be available to both adolescents and teens in the program, as well as their parents, caregivers, and families.

A six-month plan, as outlined in the attached document, will guide children and families through the PCP as they identify needs, remove barriers, connect to services, and set and accomplish program goals. The PCP is modeled after the Ranch's Aftercare Program which has had great success in serving youth and families post-treatment. The PCP also aligns with the goals and overall program design of Boys Town's, *On the Way Home* program, an evidence-based program serving youth and families.

To provide culturally specific support services to minority youth and families, we intend to adopt a promising practice called the BRAVE program. BRAVE is a multi-media intervention designed for American Indian and Alaska Native teens and young adults, ages 15-24, working to promote healthy social norms and cultural values to improve mental health. BRAVE uses text messages, videos, and small group activities to encourage kids to advocate for themselves and their mental health. The Youth and Family Engagement Specialists will use the BRAVE program for youth and families in the PCP. Lessons are designed to teach youth about suicide warning signs, build healthy relationships, encourage and destigmatize the use of mental health resources, prevent alcohol and drug use, prevent violence and bullying, and prepare youth to initiate difficult conversations.

The PCP will serve youth and families from a combination of private and custodial referral sources. Referrals from private sources often need additional supports and care coordination services, due to living in rural communities and not having someone to coordinate care or connect them to resources. For the large number of minority youth under the care of custodial agencies, the PCP will support permanency options to keep them out of residential facilities.

The resources we connect children and families to will mirror those in our Aftercare Program, but as preventive care designed to keep kids from entering residential treatment services. The Aftercare Program has established relationships with many community-based service providers and will easily be able to connect kids and families with the services they need. Beyond that, we believe it is important to partner with children and families, walking alongside them, not just saying, "This is what you can do," but actually doing it with them.

The Youth and Family Engagement Specialists will provide care coordination including, but not limited to, creating an individualized care plan and setting SMART goals, taking crisis calls, and safety planning. As needed, we will also connect children and their caregivers and families to:

- Psychiatric, medical, and mental health services: Youth and Family Engagement Specialists are paired with a Ranch Psychiatric Nurse to

manage their caseloads. The Specialist and Nurse collaborate to address specific medical needs of the youth. Specialists will advocate for the youth (and family) to participate in medication management, individual therapy, and family therapy, and stay up to date on medical appointments. The Specialist will help manage appointments, locate providers, complete and understand necessary testing/evaluations, and remove any other barriers preventing care. Specialists will work closely with Dakota Family Services to get youth and families access to the mental health services they need.

- Chemical dependency services: Specialists are knowledgeable about community addiction services across the state. Specialists will locate necessary services and advocate for the youth and family.
- Occupational therapy: Specialists are trained and highly experienced in working with youth who have high sensory needs. In addition to the support the Specialists can provide in the home with social skills, habits, and routines, they have access to a team of Occupational Therapists to provide recommendations and/or locate a community provider for OT services, such as Dakota Family Services.
- Social, behavioral, and developmental supports (relationships, mentoring, independent living, activities of daily living, etc.): Specialists will work with kids and families to identify social skill deficiencies, create structure and routines in the home, and teach/model other independent living skills like cooking, cleaning, and chore completion through in-person engagement and mentoring.
- Recreation and leisure activities: Specialists will encourage wellness goals and use available community resources. Youth and families will be strongly encouraged to incorporate family recreation and leisure activities into their routines. Specialists are knowledgeable about a wide range of recreation and leisure activities across the state.
- Spiritual and cultural connections: Specialists will provide opportunities for children and their families to explore their spirituality and may use their spirituality to connect with youth and families and ensure their spiritual needs are met.
- Community-based services (financial, employment, transportation, etc.): Specialists will help youth and families find and establish community connections, natural supports, and resources through assessments and input from the youth and family. They may provide budgeting skills and resources, banking information, money management, interviewing skills, job application assistance, and assistance accessing the essentials for a job. They may also encourage the youth and family to use public transportation; obtain a driving permit or license; and/or obtain a vehicle, registration, and insurance.

- Educational vocational support: Specialists will work with the education team and advocate for the youth's needs by attending educational meetings such as IEP meetings. They will identify resources based on the child and family's needs, such as therapeutic or alternative schools, scholarships, grants, and job training programs. They will also connect children and families to services at Dakota Memorial School.

Once a child/family is referred to the program, our Admissions Coordinator and Prevention Care Coordinator will decide on the child's eligibility for the program. Eligible youth and families will be assigned a Youth and Family Engagement Specialist to complete the screening process. Screening tools will include a trauma screening using the University of Minnesota's Traumatic Stress Screen for Children and Adolescents (TSSCA), Youth and Family SNAP (Strengths, Needs, Abilities, Preference) assessments to identify needs and barriers, Rapid Assessment for Adolescent Preventive Services (RAAPS) and agency safety planning screening procedures.

c. Priority Consideration

The Ranch has been providing Aftercare Services since October 2019, and in that time, has compiled a vast number of resources and community connections. These already-established relationships will help us increase community connections for the children and their families and remove barriers to accessing services.

North Dakota is experiencing a lack of resources for all children and families, however, the minority children and families in the Devils Lake and Spirit Lake regions seem to be even more significantly underserved, so we will expand our area of service to include these regions. Our team is experienced in accessing the services and resources that are available in these areas in a timely manner to better serve minority kids and families. Additionally, the PCP will utilize the BRAVE program to connect minority youth in these areas, and others around the state, to culturally specific resources.

We have connected with NATIVE, Inc. and plan to use them as a resource to provide access to culturally specific prevention and addiction services for youth and families.

d. Capabilities and Competencies

The Ranch's licensed Psychiatric Residential Treatment Facilities (PRTF) and Qualified Residential Treatment Programs (QRTP), serve children ages 10-18 across the state of North Dakota who have experienced severe psychiatric, emotional, behavioral, and/or developmental challenges; come from diverse backgrounds, cultures, and religions; and have had numerous foster care and residential treatment placements. Children served at Ranch residential treatment facilities in Fargo, Minot, and Bismarck work to overcome

challenges related to conduct disorder, autism spectrum disorders, personality disorders, depression, anxiety, chemical dependency, sexual responsibility; and other mental and behavioral health issues related to trauma, abuse, and neglect.

The Ranch's work centers on helping children and families find success. The proposed project continues the work of that mission as we seek to keep kids out of care and safe in their homes, while connecting them to the services they need to become their best selves and be successful in all areas of life.

The Ranch has implemented many successful programs over the years, including our Aftercare Program, which is considered the gold standard for aftercare in the state of North Dakota. Additionally, the Aftercare Program has garnered interest from the Lionheart Foundation, a nonprofit committed to creating high-impact, evidence-based social-emotional learning curricula, to empower prisoners, at-risk youth, teenage parents, and direct care staff.

Each year, the Ranch receives and manages numerous grants. In the last five years, we've received 127 grants totaling over \$2.5 million. We have successfully met the goals of each grant and spent the funds appropriately. A balanced agency budget is prepared annually and approved by the Board of Directors. Accountability is maintained by comparing actual expenses to budget expectations monthly. Variances from expected are reviewed with budget managers. A financial audit is completed annually by an independent accounting firm. Auditors review the results and recommendations with the Finance and Audit committees of the Board.

The PCP team consists of a Prevention Care Coordinator and multiple Youth and Family Engagement Specialists. The Coordinator oversees Prevention Care for the entire agency and develops and delivers engagement and prevention care services for the children and families served, as well as supervises the team of Specialists. The Specialists will support the child and family for at least six months, building and maintaining relationships with the children and families on their caseload, as well as coordinating care for the services they need.

e. Plan for Collecting Performance Data and How it Will be Used for Continuous Quality Improvement

Performance data for the PCP will be collected through outcomes surveys completed by children and families three months into the program and after completing the six-month program. After one year, we will also reach out to children and families to assess their progress and functioning. We will collect performance data through contact notes from Youth and Family Engagement Specialists, reviews of care plans, and a determination of goals being met. Continuous communication with children and families will allow us to provide real-time changes to our programming.

We will also be able to measure the success of the program by tracking the percentage of kids admitted to residential treatment after completing the PCP.

If an award is made, we will report on the requested performance measures using the data we've collected.

f. Goals, Objectives, and Activities

The goals of the PCP are to coordinate services, increase permanency for children and families by keeping kids in their homes and out of residential care, and improve family relationships.

The objectives for meeting our goals include:

- 85% of clients will successfully complete the six-month Prevention Care Program.
- 85% of clients will remain in the home upon completion of the program and not enter residential care.
- 90% of children and families will report satisfaction with services.
- 90% of children and families will report improved relationships with families and/or caregivers.

Activities that will be completed to successfully meet the objectives will include completing Assessments and Screenings to better understand the strengths and needs of the youth and family, creating Individualized Care Plans to identify goals for the youth and family, safety planning, connecting families to community-based resources, and most importantly, building relationships with the children and families so they feel supported and can participate more openly in the process. By creating community connections for children and families, we are focused on creating a framework of support so children and families can find success in their homes and communities.

III. Budget Worksheet and Narrative

Please see the attached budget worksheet and narrative.

IV. Letters of Intent/Letters of Support

Please see the attached letters of intent and letters of support. We have also included the requested list of key stakeholders.

Month	Project Goal	Related Objective	Activity	Expected Completion Date	Person Responsible
1	<ul style="list-style-type: none"> Outreach and Engagement Care Coordination 	<ul style="list-style-type: none"> Establish relationships with youth and family. 	<ul style="list-style-type: none"> Maintain ongoing communication with youth, family, and other team members through phone calls, texts, emails, and in-person contact. Hold in-person visits with the youth and family at least monthly. Regular and purposeful visits with the child and family will enable us to assess how well the parents and other caregivers are meeting the child's needs for safety and well-being, as well as the family's progress towards goal achievement. Engage families and coordinate care. Help youth and families understand the services and resources available to them. Advocate for and support the youth and family in their communication with other providers and organizations. 	Ongoing	Youth and Family Engagement Specialist
		<ul style="list-style-type: none"> Identify youth and family needs/barriers. 	<ul style="list-style-type: none"> Identify needs and barriers (SNAP Assessments) and eliminate barriers to success. Administer Youth Trauma Screening (TSSCA) Provide youth development opportunities, increase social skills, and develop independent living skills. Help youth and family identify their unique strengths and natural support systems. Provide information regarding community-based treatment options, service opportunities, active support groups, financial support, advocacy, and training opportunities. Ensure that any changes in youth or family needs are communicated with the team to discuss whether there is a need for changes in the array of services and Individualized Care Plan. 	Ongoing	Youth and Family Engagement Specialist
		<ul style="list-style-type: none"> Safety Planning and Risk Assessment 	<ul style="list-style-type: none"> Conduct risk assessments to ensure ongoing child safety (Title IV-E Safety & Risk Tool). Assess Safety and risk as an ongoing process throughout the duration of prevention services. Evaluate safety threats during each contact with the child/family. These client contacts will help monitor safety and ongoing assessment of risk. Provide crisis support and safety planning through Mobile Response and Stabilization Services designed to provide immediate behavioral health services to youth in crisis and their families. 	Ongoing	Youth and Family Engagement Specialist
		<ul style="list-style-type: none"> Create an Individualized Care Plan to include SMART goals and strategies to keep the child safely in the home. 	<ul style="list-style-type: none"> Psychiatric and Medical Services, Mental Health, Chemical Dependency, and Occupational Therapy Social/Behavioral/Developmental (Relationships, Independent Living, Activities of Daily Living, Mentoring), Recreation/Leisure (Youth/Family Activities, Day/Evening Programming), and Community-Based Services (Financial, Employment, Transportation) Spirituality and Cultural Services Educational/Vocational (partnerships with schools) 	End of month 1	Youth and Family Engagement Specialist and Aftercare Coordinator

Month	Project Goal	Related Objective	Activity	Expected Completion Date	Person Responsible
2-5	<ul style="list-style-type: none"> • Outreach and Engagement • Care Coordination • Community Connections • Service Coordination 	<ul style="list-style-type: none"> • Implementation of Individualized Care Plan and work toward goal completion. 	<ul style="list-style-type: none"> • Review and update Individualized Care Plan monthly with youth, family, and other team members. • Assess progress on goals, identify barriers to goal completion, and adjust goals as needed for future success. • Document in the youth's plan whether the services are functioning as intended, address the needs that have been identified, and work toward the achievement of the prevention strategies. • Assist youth and families in seeking and establishing community connections, natural supports, and resources in home communities. 	End of month 6	Youth and Family Engagement Specialist
		<ul style="list-style-type: none"> • Identify and connect to community resources. • Continue building relationships with local and state agencies and community providers/services. 	<ul style="list-style-type: none"> • Seek/establish community connections, natural supports, and resources and establish relationships with community providers. • Coordinate services and community connections (such as DFS, DMS, HSC's, Schools, DJS, etc.) • Collaborate to publicize our program/services and to continue building relationships with state and local agencies/providers. 	End of month 6	Youth and Family Engagement Specialist
		<ul style="list-style-type: none"> • Provide resources, support, and individualized services to families and caregivers through referral and/or direct delivery to create a stable environment for youth 	<ul style="list-style-type: none"> • Provide family intervention and informal counseling sessions. • Provide needs-based individualized training within the home or community. Teach behavior management techniques. • Educate families to help them understand and implement interventions to help their child choose positive behaviors. • Help families learn and practice trauma-informed care in their homes. • Help families understand how to navigate the child welfare and court systems. • Provide families with information regarding community-based treatment options, service opportunities, support groups, financial support, and training opportunities. Maintain caregiver resource and referral guide. 	End of month 6	Youth and Family Engagement Specialist
		<ul style="list-style-type: none"> • Safety Planning and Risk Assessment 	<ul style="list-style-type: none"> • Conduct risk assessments to ensure ongoing child safety (Title IV-E Safety & Risk Tool). • Assess safety and risk as an ongoing process while the child is receiving prevention services. • Threats to safety will be evaluated during each contact with the child/family. These client contacts will be used to help monitor safety and ongoing assessment of risk. • Provide crisis support and safety planning through Mobile Response and Stabilization Services designed to provide immediate behavioral health services to youth in crisis and their families. 	Ongoing	Youth and Family Engagement Specialist and Aftercare Coordinator

Month	Project Goal	Related Objective	Activity	Expected Completion Date	Person Responsible
6	<ul style="list-style-type: none"> • Increase Permanency 	<ul style="list-style-type: none"> • Rebuilding of Natural supports and self-sufficiency • Safety Planning and Risk Assessment 	<ul style="list-style-type: none"> • Transition and Discharge Planning • Empower youth and families to seek and access available resources and continue to use community services as needed in the future. • Discharge from Program • Conduct risk assessments to ensure ongoing child safety (Title IV-E Safety & Risk Tool). Assess safety and risk throughout the entire time a child is receiving prevention services. • Evaluate safety threats during each contact with the child/family. These client contacts will be used to help monitor safety and ongoing assessment of risk. • Provide crisis support and safety planning through Mobile Response and Stabilization Services designed to provide immediate behavioral health services to youth in crisis and their families. 	End of month 6	Youth and Family Engagement Specialist
3, 6, 12	<ul style="list-style-type: none"> • Quality Assurance (Data collection and Outcomes Surveys) 	<ul style="list-style-type: none"> • Measure project performance by collecting data. • Use the information collected to evaluate the impact of the project and guide changes if necessary 	<ul style="list-style-type: none"> • The Aftercare Coordinator will create a tracking system to report on required performance measures, as well as any other information for the agency's internal use/needs. • Create an Outcomes Survey based off components of the Title IV-E Outcomes and QRTP Aftercare Outcome Surveys to reflect the required performance measures. • The specialist will complete an Outcomes Survey with the youth and family at 3 months, 6 months, and again at 12 months if possible. • The Aftercare Coordinator will track and monitor data and required performance measures. • In collaboration with the Specialists, the Aftercare Coordinator will: review data, research issues, provide recommendations, monitor, and measure achievement of practice improvements. 	Ongoing	Aftercare Coordinator and Youth and Family Engagement Specialist

Budget Summary

Applicant: Dakota Boys and Girls Ranch

Project Period: October 1, 2023 - September 30, 2025

	Grant Request	Match	Total
Budget Categories:			
Personnel	136,000.00	-	136,000.00
Fringe Benefits	53,200.00	-	53,200.00
Travel	32,500.00	-	32,500.00
Supplies	553.00	-	553.00
Subaward/Contractual	-	-	-
Other Direct Costs	1,400.00	-	1,400.00
Indirect Costs	-	-	-
Total Grant Funds	223,653.00	-	223,653.00

Budget Detail Worksheet and Narrative

Applicant: Dakota Boys and Girls Ranch

Project Period: October 1, 2023 - September 30, 2025

Personnel				Total Grant Period			
Position	Name	Annual Salary	Grant Allocation %	Grant Request (1 year)	Grant Request (2 years)	Match	Total
Youth and Family Engagement Specialist	#1	\$50,000	25%	\$12,500	\$25,000	\$0	\$25,000
Youth and Family Engagement Specialist	#2	\$50,000	25%	\$12,500	\$25,000	\$0	\$25,000
Youth and Family Engagement Specialist	#3	\$50,000	25%	\$12,500	\$25,000	\$0	\$25,000
Youth and Family Engagement Specialist	#4	\$50,000	25%	\$12,500	\$25,000	\$0	\$25,000
Prevention Care Coordinator	#5	\$60,000	30%	\$18,000	\$36,000	\$0	\$36,000
Total Personnel Costs				\$68,000	\$136,000	\$0	\$136,000

Personnel Narrative:

The annual salary for each Youth and Family Engagement Specialist is approximately \$50,000. The annual salary of the Prevention Care Coordinator is \$60,000. The grant request is approximately 25% of the annual salary of each position, as the Prevention Care Program will take up approximately 25% of their time (4-5 kids/families per Specialist). The total grant request amount reflects the 2-year project period. The Prevention Care Coordinator oversees Prevention Care for the entire agency and develops and delivers engagement and prevention care services for the children and families served, as well as supervises the team of Youth and Family Engagement Specialists. The Youth and Family Engagement Specialists will support the child and family for at least six months, building and maintaining relationships with the children and families on their caseload, as well as coordinating care for the services they need.

Fringe Benefits				Total Grant Period			
Position	Name	Annual Benefits	Grant Allocation %	Grant Request (1 year)	Grant Request (2 years)	Match	Total
Youth and Family Engagement Specialist	#1	\$15,000	33%	\$5,000	\$10,000	\$0	\$10,000
Youth and Family Engagement Specialist	#2	\$15,000	33%	\$5,000	\$10,000	\$0	\$10,000
Youth and Family Engagement Specialist	#3	\$15,000	33%	\$5,000	\$10,000	\$0	\$10,000
Youth and Family Engagement Specialist	#4	\$15,000	33%	\$5,000	\$10,000	\$0	\$10,000
Prevention Care Coordinator	#5	\$20,000	33%	\$6,600	\$13,200	\$0	\$13,200
Total Fringe Benefits				\$26,600	\$53,200	\$0	\$53,200

Fringe Benefits Narrative:

The total amount requested reflects the 2-year project period. Fringe benefits available to employees at Dakota Boys and Girls Ranch include health/dental/vision insurance, FICA, Retirement match, life insurance/disability, workforce safety insurance, and PTO.

Travel			Total Grant Period		
Purpose	Location	Expense Type (Hotel/Mileage/Per Diem)	Grant Request	Match	Total
Youth and Family Engagement	In and out of Town	Hotel/Gas/Per Diem	\$30,000	\$0	\$30,000
Meetings & Trainings	In and out of town	Gas	\$2,500	\$0	\$2,500
Total Travel Costs			\$32,500	\$0	\$32,500

Travel Costs Narrative:

The total amount requested reflects the 2-year project period. Youth and Family Engagement Specialists will be traveling in and out of town regularly for face-to-face interactions with children and their families in order to meet their needs with their individualized care plans. Estimated costs are based on state rates, as well as current expenses.

Supplies			Total Grant Period		
Item	Quantity	Per Unit Cost	Grant Request	Match	Total
Copy paper	12	\$35	\$420	\$0	\$420
Pens	25	\$2	\$50	\$0	\$50
Notepads	12	\$4	\$48	\$0	\$48
Sticky notes	2	\$12	\$24	\$0	\$24
Highlighters 24 pack	1	\$11	\$11	\$0	\$11
Total Supply Costs			\$553	\$0	\$553

Supply Costs Narrative:

Basic office supplies will be required for the Prevention Care Coordinator and the Youth and Family Engagement Specialists in order to successfully meet their job requirements. Estimates for items needed are based on current office supplies usage.

Subawards/Contracts		Total Grant Period		
Description/Purpose	Computation	Grant Request	Match	Total
Total Subaward/Contractual Costs		\$0	\$0	\$0
Subaward/Contractual Costs Narrative:				

Other Direct Costs		Total Grant Period		
Type	Computation	Grant Request	Match	Total
Computer	Purchase laptop x1	\$600	\$0	\$600
Cell Phone	Purchase 1 cell phone (\$50) with monthly minutes (\$30/month)	\$800	\$0	\$800
Total Other Direct Costs		\$1,400	\$0	\$1,400
Other Direct Costs Narrative:				
This program will create one new position. That new Youth and Family Engagement Specialist will require a laptop and cellphone to successfully meet their job requirements. Costs are estimated based on expenses incurred by already filled positions. Cellphone cost is based on 2-year project period.				

LETTERS
OF
SUPPORT

Key Stakeholders

Dakota Family Services

Randi Streff, MBA, RN

VP of Clinical Services – Dakota Family Services | Dakota Boys and Girls Ranch

As the VP of Clinical Services, Randi Streff will be the point of contact for referral services at Dakota Family Services. She will oversee the coordination of therapeutic and psychiatric services for children and families in the Prevention Care Program receiving outpatient services at Dakota Family Services.

Dakota Memorial School

Tina DeGree, M. Ed.

Superintendent/Director of Education

As the Superintendent/Director of Education, Tina DeGree will serve as the point of contact for referral services to Dakota Memorial School. She will oversee the coordination of services for students entering the Day Program, the virtual school program, as well as GED services offered to kids and families in the Prevention Care Program.



September 13, 2023

Dear North Dakota Juvenile Justice State Advisory Group,

Dakota Family Services is pleased to present this letter of intent for collaboration with Dakota Boys and Girls Ranch as they prepare to launch their Prevention Care Program (PCP).

Dakota Family Services is a highly trusted and respected psychology, psychiatry, and therapy clinic. Our team of compassionate mental health professionals helps children, adolescents, and adults improve their overall mental health and well-being through a personalized approach, trusted expertise, and unconditional presence. Comprehensive psychological and psychiatric services offered at Dakota Family Services include assessment, evaluation, individual, group, and family therapy, medication management, and psychological testing. Dakota Family Services has clinics in Fargo and Minot, North Dakota, and provides telehealth services across the state.

In our collaboration with Dakota Boys and Girls Ranch's Prevention Care Program, we will provide individual, group, and family therapy and psychiatric services including psychological testing and medication management. We will also provide opportunities for learning and training for families in the program through community outreach such as our Community Chat webinars, which are free and open to the public. These webinars, hosted by the mental health professionals at Dakota Family Services, address and unpack subjects such as Autism in Children and Adolescents, Anxiety, Depression in Children and Adolescents, ADHD in Children and Adolescents, and much more.

If you have additional questions, I can be reached using the contact information listed below.

Sincerely,

Randi Streff, MBA, RN
VP of Clinical Services
Dakota Family Services | Dakota Boys and Girls Ranch
701-551-7021 | r.streff@dakotaranch.org



September 14, 2023

Dear North Dakota Juvenile Justice State Advisory Group,

Dakota Memorial School District looks forward to partnering and collaborating with Dakota Boys and Girls Ranch as they prepare to launch their Prevention Care Program.

Dakota Memorial School is the Cognia-accredited on-campus school of Dakota Boys and Girls Ranch. At Dakota Memorial School, we surround each student and family with the support and tools they need to succeed, engage in content and activities that fit their strengths and challenges, and develop personalized learning paths for each student and family. Our district serves residential, day, and virtual students in grades 2 – 12 and supports students who decide that obtaining their GED best meets their needs. Our trauma-sensitive culture ensures all students feel safe, welcome, and accepted while addressing trauma's impact on relationships and learning. A trauma-sensitive culture is at the center of our educational mission, and intentionally transforms to meet the student and family needs.

Dakota Memorial School District serves kids and families across the state. During the 2022–2023 school year, Dakota Memorial School supported students from 37 schools and communities across North Dakota.

In our collaboration with Dakota Boys and Girls Ranch's Prevention Care Program, we will work to address the educational needs of children and their families. Students in the Prevention Care Program will have access to our Day Student and virtual learning programs. We will also support kids and families who are looking to complete their GED by supplying technology and access to GED study materials, learning supports, after-hours testing options for kids and families, and financial help. Through this resource, we will increase community and occupational opportunities for the people served by the program.

If you have additional questions, please contact me using the information below.

Sincerely,

Mrs. Tina DeGree

Tina DeGree, M. Ed.
Superintendent/Director of Education
Dakota Memorial School | Dakota Boys and Girls Ranch
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DMS Purpose: "Our greatest contribution is to be sure there is a teacher in every classroom who cares that every student every day learns and grows and feels like a real human being." Donald O. Clifton

To whom it may concern,

Hello, my name is Maddison Alexander, and my current role is Family Services. Family Services is a new program within the state of North Dakota. It is a brief, strengths-based intervention for families with children ages 2 through 17. The intervention aims to promote positive family management and address child and adolescent adjustment problems. The Family Check-Up® has two phases: 1.) An initial assessment and feedback and 2.) Parent management training.

I believe that Aftercare is one of the most important parts of treatment. It not only supports an individuals after but helps guide them through the process of no longer being in treatment. Aftercare is such a powerful tool for anyone existing in treatment. Not only to provide tools for everyday life but also to strengthen what they have learned in treatment.

The need for Youth and family support in their home and community outside the walls of treatment is something I believe is so important. Being able to enter a home and evaluate where support is needed and where the strengths can be uplifted is something that many treatment facilities lack. Having a prevention care program may eliminate the need for treatment. That way the child can stay in the home. As well as help give them the tools to utilize outside of treatment.

From: Hausauer, Tasha J. <thausauer@nd.gov>
Sent: Tuesday, September 12, 2023 10:09 AM
To: Seideman, Katrin <k.seideman@dakotaranch.org>
Subject: RE: Prevention Care Program - Letters of Support

Hello Kat,
Below is what I put together. I hope this is what you guys are kind of looking for.

I am Tasha Hausauer with the Division of Juvenile Services (DJS). We utilize the aftercare program for our youth that were in Dakota Boys and Girls Ranch for treatment and are returning to the community. We utilize this program for those youth transitioning to the community for extra supports. The aftercare workers help us with a variety of different things for our youth (pro-social activities, helping with job applications, job skills, social skills, just extra meetings for eyes on the youth, etc.). When we have youth transition to the community it is a big adjustment from being in a facility, the more support we can wrap around the youth, the more successful that youth will be. So having aftercare workers and anything they can help provide, is a huge help to the youth's success.

Tasha Hausauer
Sr. Juvenile Corrections Specialist

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9/13/2023

To whom it may concern:

On behalf of Nexus-PATH Family Healing, I am writing in support of the proposed Prevention Care Program at Dakota Boys and Girls Ranch.

Through my current role as Director of Independent Living Services at Nexus-PATH, I have had the unique opportunity of interacting with and supervising service providers who have worked alongside the current Aftercare program at DBGR, as both of our programs shared clients at times.

My overall support of the Aftercare program and continued programming at DBGR is due to the approach and efforts taken by Youth and Family Engagement Specialists to provide quality services to clients. In my experience, DBGS Aftercare specialists have honored the self-determination of clients and their families, utilized a trauma-informed perspective, and emphasized the importance of a wraparound approach when connecting clients to community resources. Through my work with the DBGR Aftercare program, I have witnessed a commitment to clients, families, and the overall community.

The need for continued programming related to a prevention program would fill a gap in our state. As we continue to work through the complex dynamics of clients, families, and the everchanging environment of the child welfare system, the more programs that can be designed and interface with clients prior to entering care the better. Programs like the proposed Prevention Care Program at DBGR, could be key in providing out of home placements for North Dakota youth and provide family support within a home environment, rather than in a treatment facility.

I and Nexus-PATH, look forward to a continued partnership with DBGR in our work together within the North Dakota Child Welfare System.

Sincerely,

A handwritten signature in black ink, appearing to read "BB Biederstedt".

Brooke Biederstedt, LMSW
Director of Independent Living Services
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701-526-6299